

## **Dehumanizing Deindividuation in Couples (DDC) Questionnaire**

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*Published in Journal of Family Psychology*

Thinking about interactions with your partner over the past month, please rate the extent to which you agree with each of the following statements as it applies to you and your relationship

1=strongly disagree, 2=disagree, 3=neutral, 4=agree, 5=strongly agree

### Received Version:

Over the past month....

1. My partner disregarded my opinions
2. My partner treated me like a child
3. My partner acted superior to me
4. My partner ignored me
5. My partner talked over me
6. My partner told me they were right and I was wrong
7. My partner seemed to be irritated by me
8. I felt like I got on my partner's nerves
9. My partner nagged me to do certain things or stop doing certain things
10. My partner was bossy toward me

### Enacted Version:

Over the past month....

1. I disregarded my partner's opinions
2. I treated my partner like a child
3. I acted superior to my partner
4. I ignored my partner
5. I talked over my partner
6. I told my partner they were wrong and I was right
7. I was irritated by my partner
8. My partner got on my nerves
9. I nagged my partner to do certain things or stop doing certain things
10. I was bossy toward my partner

### Scoring instructions:

1. Average items for each version (received or enacted)
2. Enacted and received scores have demonstrated high correlations, so it is recommended that correlations are reviewed in your sample, and that you consider whether to average across enacted and received scores for a *dyadic* level score of DDC
3. The name of the measure and the description of the versions (received, enacted) are included for researchers, but are removed prior to measure administration with participants.